



THE 2007 ARNOLD CHEERLEADING & DANCE TEAM CHAMPIONSHIPS

March 2-4, 2007 at the Columbus Convention Center • Battelle Hall

2007 REGISTRATION FORMS

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2007 Arnold Championships Registration Information

Registration Information

Please complete all **applicable forms** for your entry and return them with registration fees to US Spirit. Duplicate any forms as necessary.

Contact Numbers

US Spirit / Arnold Cheer & Dance Championships
Phone: 1-800-469-7878 | E-mail: usspiritevents@aol.com
You can view Safety Guidelines, get printable forms, and more on-line at www.us-spirit.com.

Correspondence

Upon receipt of registration forms, the contact person will be mailed confirmation. Approximately two weeks prior to the event, you will receive specific competition information. Performance orders will be posted on-line the week prior to the competition.

Registration Due Dates

Entry fees are due with registration by **February 10, 2007**.

Early Registration Discounts

To receive early registration discounts, registration and payment must be **postmarked by December 30, 2006**.

Accepted Forms of Payment

Check, Visa, Mastercard, American Express and Discover. Make checks payable to "**US Spirit**". Cashiers check or credit card will be the only form of payment accepted after February 10, 2007.

All payments may be sent to:

US Spirit Championships
200 Hoff Rd; Suite G
Westerville OH 43082

Registration Acceptance

Registration is accepted on a space available basis only. If the event fills to capacity prior to the listed deadlines, your registration will not be accepted. Incomplete registration materials will not be processed and will result in teams not being registered.

Late Registration

If space is available, late registration will be accepted after the designated deadline by sending in the total amount due with the application. If you are registering late, full payment must be submitted in the form of a **cashiers check or credit card**. The standard cancellation policy will apply to all late registrations. While every effort will be made to forward information prior to the event, US Spirit is not responsible for missed communication or misunderstanding due to late registration.

Division Changes

There is no charge for division changes. **NO division changes are permitted after February 9th.**

Team Registration & Check-in Times

Coaches or team contacts as designated on the registration form are required to pickup their groups wrist bands, schedules, and additional information at Battelle Hall during the following times:

Friday, March 2 12:00 PM to 3:00 PM
Saturday, March 3 8:00 AM to 12:00 PM
Sunday, March 4 8:00 AM to 12:00 PM

Competitor Release Forms

Every competitor must complete a Release Form. The form must be signed by the appropriate parent or legal guardian. All forms must be **returned to the US Spirit Registration Table** prior to receiving wrist bands. **ALL forms must be turned in at the same time to receive materials.**

2007 Entry Fees

Entry fees include competition fees, patch, medal and admission to most EXPO events. **Early Registration Discount Fees must be postmarked by 12/30/06.**

All Star & School Teams

Senior, Junior, Youth and Mini:
\$55.00 per participant – \$45.00 by 12/30/06
Tiny, Junior Varsity & Freshman:
\$45.00 per participant – \$40.00 by 12/30/06

Rec Teams

\$45.00 per participant – \$35.00 by 12/30/06

Special Needs Teams

Special Needs teams compete **FREE**

College Cheerleading & Dance Teams

\$250.00 per team – \$200.00 by 12/30/06
2 coaches per team are free

Adult / Open Cheerleading & Dance Teams

\$25.00 per participant – \$20.00 by 12/30/06
Open teams compete **FREE** if 3 or more teams from the same gym are competing.

Crossover Fee

\$25.00 per participant
A crossover is a competitor which competes on more than one squad.

Coach Fees

Two (2) coaches per team are **FREE**.
Additional coaches: **\$20.00 each**

Individual and Stunt Team Fees

Individual Cheerleader: \$75.00 \$65.00 by 12/30/06
Individual Spirit Leader: \$75.00 \$65.00 by 12/30/06
Duo/Trio Cheer: \$75.00 per competitor \$65.00 by 12/30/06
Individual Dancer: \$75.00 \$65.00 by 12/30/06
Stunt Team: \$250.00 per team \$200.00 by 12/30/06

Cancellation Policy:

The following applies to cancellations: A full refund will be made for written cancellations received by US Spirit at least 31 days prior to the date of the competition. Participants who cancel after that date for any reason, including medical or family reasons, are subject to the following per person cancellation fees. **Before January 30:** Full Refund, **February 1-9:** 50% Refund, **After February 9:** No Refund

Hotel Accommodations

Check www.arnoldsportsfestival.com for hotel information, or call the Arnold EXPO offices at 614-431-2600 for assistance.

Spectator Tickets

Admission to the competition and Weekend EXPO is **\$10.00** per day. The EXPO ticket includes admission to the Arnold Fitness EXPO. Tickets may be purchased directly outside Battelle Hall.
Adults & Students: \$10.00
10 Years and under: Free, if accompanied by adult.
No Strollers allowed.

2007 Arnold Championships Registration

Please complete this form and return with your deposits. Additional information will be sent via E-mail to the person listed below.

Group Information Please *Print and Complete ALL Sections.*

Team Name	City	
Contact Name:	Check One: <input type="checkbox"/> Coach <input type="checkbox"/> Owner <input type="checkbox"/> Other	
Contact Address		
City	State	Zip
Day Phone	Cell Phone	
E-mail Address (required)		

Coach Names

Please list all coaches that require *Warm-up Area and Coach Credentials.*

1. _____	8. _____
2. _____	9. _____
3. _____	10. _____
4. _____	11. _____
5. _____	12. _____
6. _____	13. _____
7. _____	14. _____

Payment Details

_____ Competitors @ \$ _____ = Total \$ _____

_____ Competitors @ \$ _____ = Total \$ _____

_____ Competitors @ \$ _____ = Total \$ _____

Individual Fees (From Page 8) = Total \$ _____

Stunt Team Fees (From Page 9) = Total \$ _____

Crossover Fees

_____ Competitors @ \$ **25.00** = Total \$ _____

Additional Paid Coaches (2 free per team)

_____ Coaches @ \$ **20.00** = Total \$ _____

Credit Card Payment

_____ Credit Card #

_____ Exp Date _____ Security Code

_____ Billing Address Zip Code

\$ _____ Amount being Charged

_____ Signature

_____ Phone Number with area code

Check if **School Purchase Order** Attached

TOTAL AMOUNT ENCLOSED: \$ _____

2007 Arnold Championships School & Rec Cheer Team Registration

Team Name	City
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Division Notes:

Competition Officials reserve the right to the following:

•All divisions are subject to change, deletion or to revision.

•Large or small limits could change based on actual entries.

US Spirit reserves the right to change, delete, add or combine divisions based on actual entries.

For Rec Teams

The age of the competitor as of May 31, 2006 will be used for competition purposes throughout the 2006-07 season for all divisions.

If you do not see a division that best matches your team on the registration form, please call us at 1-800-469-7878 for assistance.

Registration Information & Entry Fees

Check the appropriate division(s) which your team is entering and the number on each team. Return this form with the group registration form. Entry fees include competition fees and admission to all EXPO events. **Early Registration Discount Fees must be postmarked by 12/30/06.**

School Team Entry Fees

Varsity: \$55.00 per participant – \$45.00 by 12/30/06

JV & Freshman: \$45.00 per participant – \$40.00 by 12/30/06

School Divisions

School teams will follow the **National Federation of State High School Associations (NFHS) Spirit Safety Rules**

Division	Level	Members	Males	Number on Team
<input type="checkbox"/> HS Varsity Small	NFHS	14 or less	1 male permitted	_____
<input type="checkbox"/> HS Varsity Medium	NFHS	15-20	1 male permitted	_____
<input type="checkbox"/> HS Varsity Large	NFHS	21 or more	1 male permitted	_____
<input type="checkbox"/> HS Varsity Coed SM	NFHS	Unlimited	2 - 3 males	_____
<input type="checkbox"/> HS Varsity Coed LG	NFHS	Unlimited	4 or more males	_____
<input type="checkbox"/> HS Junior Varsity Large	NFHS	17 or more	males permitted	_____
<input type="checkbox"/> HS Junior Varsity Small	NFHS	16 or less	males permitted	_____
<input type="checkbox"/> Junior High Large	NFHS	16 or more	males permitted	_____
<input type="checkbox"/> Junior High Small	NFHS	15 or less	males permitted	_____
<input type="checkbox"/> Elementary School	NFHS	Unlimited	males permitted	_____

School Divisions Non-Building

<input type="checkbox"/> HS Varsity Large	NFHS	21 or more	1 male permitted	_____
<input type="checkbox"/> HS Varsity Medium	NFHS	15-20 members	1 male permitted	_____
<input type="checkbox"/> HS Varsity Small	NFHS	14 or less	1 male permitted	_____
<input type="checkbox"/> HS Junior Varsity Large	NFHS	17 or more	males permitted	_____
<input type="checkbox"/> HS Junior Varsity Small	NFHS	16 or less	males permitted	_____
<input type="checkbox"/> Junior High Large	NFHS	16 or more	males permitted	_____
<input type="checkbox"/> Junior High Small	NFHS	15 or less	males permitted	_____
<input type="checkbox"/> Elementary School	NFHS	Unlimited	males permitted	_____

School Divisions Limited / Non-Tumbling

<input type="checkbox"/> HS Varsity No Tumbling	Unlimited	1 male permitted	_____
<input type="checkbox"/> HS JV No Tumbling	Unlimited	1 male permitted	_____

Rec League Divisions

Rec teams are non-school related teams that cheer for an organized sport. Rec teams may also enter all star divisions.

Division	Level	Members	Age	Males	Number on Team
<input type="checkbox"/> Senior Rec	5	unlimited	18 yrs & younger	permitted	_____
<input type="checkbox"/> Junior Rec	3	unlimited	14 yrs & younger	permitted	_____
<input type="checkbox"/> Youth Rec	3	unlimited	11 yrs & younger	permitted	_____
<input type="checkbox"/> Mini Rec	2	unlimited	8 yrs & younger	permitted	_____
<input type="checkbox"/> Tiny Rec	1	unlimited	5 yrs & younger	permitted	_____

2007 Arnold Championships Dance Team Registration

Team Name	City
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Division Notes:
 Competition Officials reserve the right to the following:

•All divisions are subject to change, deletion or to revision.

•Large or small limits could change based on actual entries.

US Spirit reserves the right to change, delete, add or combine divisions based on actual entries.

For All Star Teams:
 The age of the competitor as of May 31, 2006 will be used for competition purposes throughout the 2006-07 season for all divisions.

If you do not see a division that best matches your team on the registration form, please call us at 1-800-469-7878 for assistance.

Registration Information & Entry Fees

Check the appropriate division(s) which your team is entering and the number on each team. Return this form with the group registration form. Entry fees include competition fees and admission to all EXPO events. **Early Registration Discount Fees must be postmarked by 12/30/06.**

Senior, Junior, Youth & Mini \$55.00 per participant – \$45.00 by 12/30/06
Tiny \$45.00 per participant – \$40.00 by 12/30/06

All Star, Rec, International & Studio Dance Team Divisions

Division	Members	Age	Males	Number on Team
<input type="checkbox"/> Senior Jazz	unlimited	18 yrs & younger	males permitted	_____
<input type="checkbox"/> Senior Pom	unlimited	18 yrs & younger	males permitted	_____
<input type="checkbox"/> Senior Hip Hop	unlimited	18 yrs & younger	males permitted	_____
<input type="checkbox"/> Junior Jazz	unlimited	14 yrs & younger	males permitted	_____
<input type="checkbox"/> Junior Hip Hop	unlimited	14 yrs & younger	males permitted	_____
<input type="checkbox"/> Junior Pom	unlimited	14 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Hip Hop	unlimited	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Jazz	unlimited	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Mini Hip Hop	unlimited	8 yrs & younger	males permitted	_____
<input type="checkbox"/> Tiny Hip Hop	unlimited	5 yrs & younger	males permitted	_____

High School Dance Team Divisions

Division	Members	Age	Males	Number on Team
<input type="checkbox"/> HS Varsity Jazz	unlimited	NA	males permitted	_____
<input type="checkbox"/> HS Varsity Pom	unlimited	NA	males permitted	_____
<input type="checkbox"/> HS Var Hip Hop	unlimited	NA	males permitted	_____

Dance Divisions

Jazz: Combination of dance movements with an emphasis on technical execution and use of formation changes. Hand held props are allowed in this category.

Pom: Emphasis on uniformity and utilization of strong pom motions for strong visual effect. 75% of the routine must be executed with poms. No props (except for poms) allowed.

Hip Hop: Creative use of the latest street-style moves with an emphasis on uniformity. No props allowed. Tumbling is permitted.

2007 Arnold Championships All-Star Cheer Team Registration

Team Name _____	City _____
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Registration Information & Entry Fees

All Star Teams
Senior, Junior, Youth and Mini: \$55.00 per participant – \$45.00 by 12/30/06

Tiny: \$45.00 per participant – \$40.00 by 12/30/06

Check the appropriate division(s) which your team is entering and the number on each team. Return this form with the group registration form. Entry fees include competition fees and admission to most EXPO events.

Division Notes:
 Competition Officials reserve the right to the following:

•All divisions are subject to change, deletion or to revision.

•Large or small limits and divisions could change based on actual entries.

US Spirit reserves the right to change, delete, add or combine divisions based on actual entries. The age of the competitor as of May 31, 2006 will be used for competition purposes throughout the 2006-07 season for all divisions.

If you do not see a division that best matches your team on the registration form, please call us at 1-800-469-7878 for assistance.

2007 ALL STAR DIVISIONS

Division & Level	Number on Squad	Age	Female/Male	Number
Senior Cheer				
<input type="checkbox"/> Senior Coed 6	5 or more members	18 yrs & younger	1 or more males	_____
<input type="checkbox"/> Senior Coed 5	5 or more members	18 yrs & younger	5 or more males	_____
<input type="checkbox"/> Senior Coed 5	5 or more members	18 yrs & younger	1-4 more males	_____
<input type="checkbox"/> Senior Coed 4	5 or more members	18 yrs & younger	5 or more males	_____
<input type="checkbox"/> Senior Coed 4	5 or more members	18 yrs & younger	1-4 more males	_____
<input type="checkbox"/> Senior Coed 3	5 or more members	18 yrs & younger	5 or more males	_____
<input type="checkbox"/> Senior Coed 3	5 or more members	18 yrs & younger	1-4 males	_____
<input type="checkbox"/> Senior 6	5 or more members	18 yrs & younger	No males	_____
<input type="checkbox"/> Senior Large 5	21 or more members	18 yrs & younger	No males	_____
<input type="checkbox"/> Senior Small 5	5 - 20 members	18 yrs & younger	No males	_____
<input type="checkbox"/> Senior Large 4	21 or more members	18 yrs & younger	No males	_____
<input type="checkbox"/> Senior Small 4	5 - 20 members	18 yrs & younger	No males	_____
<input type="checkbox"/> Senior Large 3	21 or more members	18 yrs & younger	No males	_____
<input type="checkbox"/> Senior Small 3	5 - 20 members	18 yrs & younger	No males	_____
<input type="checkbox"/> Senior Large 2	21 or more members	18 yrs & younger	males permitted	_____
<input type="checkbox"/> Senior Small 2	5 - 20 members	18 yrs & younger	males permitted	_____
<input type="checkbox"/> Senior 1	5 or more members	18 yrs & younger	males permitted	_____
Junior Cheer				
<input type="checkbox"/> Junior Coed 5	5 or more members	14 yrs & younger	1 or more males	_____
<input type="checkbox"/> Junior Coed 4	5 or more members	14 yrs & younger	1 or more males	_____
<input type="checkbox"/> Junior Coed 3	5 or more members	14 yrs & younger	1 or more males	_____
<input type="checkbox"/> Junior Large 5	21 or more members	14 yrs & younger	No males	_____
<input type="checkbox"/> Junior Small 5	5 - 20 members	14 yrs & younger	No males	_____
<input type="checkbox"/> Junior Large 4	21 or more members	14 yrs & younger	No males	_____
<input type="checkbox"/> Junior Small 4	5 - 20 members	14 yrs & younger	No males	_____
<input type="checkbox"/> Junior Large 3	21 or more members	14 yrs & younger	No males	_____
<input type="checkbox"/> Junior Small 3	5 - 20 members	14 yrs & younger	No males	_____
<input type="checkbox"/> Junior Large 2	21 or more members	14 yrs & younger	males permitted	_____
<input type="checkbox"/> Junior Small 2	5 - 20 members	14 yrs & younger	males permitted	_____
<input type="checkbox"/> Junior 1	5 or more members	14 yrs & younger	males permitted	_____
Youth Cheer				
<input type="checkbox"/> Youth Small 5	5-20 members	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Large 5	21 or more members	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Small 4	5-20 members	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Large 4	21 or more members	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Large 3	21 or more members	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Small 3	5 - 20 members	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Large 2	21 or more members	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth Small 2	5 - 20 members	11 yrs & younger	males permitted	_____
<input type="checkbox"/> Youth 1	5 or more members	11 yrs & younger	males permitted	_____
Mini Cheer				
<input type="checkbox"/> Mini 5	5 or more members	8 yrs & younger	males permitted	_____
<input type="checkbox"/> Mini 4	5 or more members	8 yrs & younger	males permitted	_____
<input type="checkbox"/> Mini 3	5 or more members	8 yrs & younger	males permitted	_____
<input type="checkbox"/> Mini 2	5 or more members	8 yrs & younger	males permitted	_____
<input type="checkbox"/> Mini 1	5 or more members	8 yrs & younger	males permitted	_____
Tiny Cheer				
<input type="checkbox"/> Tiny 1	5 or more members	5 yrs & younger	males permitted	_____

2006 Arnold Championships Collegiate & Adult/Open Registration

Team Name	City
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Division Notes:

Competition Officials reserve the right to the following:

- All divisions are subject to change, deletion or to revision.

- Large or small limits and divisions could change based on actual entries.

Registration Information & Entry Fees

Check the appropriate division(s) which your team is entering and the number on each team. Return this form with the group registration form. Entry fees include competition fees and admission to most EXPO events. **Early Registration Discount Fees must be postmarked by 12/30/06.**

College Cheerleading & Dance Teams

\$250.00 per team – \$200.00 by 12/30/06
2 coaches per team are free

Adult / Open Cheerleading & Dance Teams

\$25.00 per participant – \$20.00 by 12/30/06
Open teams compete **FREE** if 3 or more teams from the same gym are competing.

US Spirit reserves the right to change, delete, add or combine divisions based on actual entries. The age of the competitor as of May 31, 2006 will be used for competition purposes throughout the 2006-07 season for all divisions.

If you do not see a division that best matches your team on the registration form, please call us at 1-800-469-7878 for assistance.

Open Divisions	Level	Members	Age	Males	Number on Team
<input type="checkbox"/> Open Coed	6	unlimited	18 yrs & older	1 or more males	_____
<input type="checkbox"/> Open All-Girl	6	unlimited	18 yrs & older	No males	_____
<input type="checkbox"/> Open Dance	NA	unlimited	All ages	males permitted	_____

College Cheer Divisions	Level	Members	Males	Number on Team
<input type="checkbox"/> All-Girl Cheer	6	5 or more members	No males allowed	_____
<input type="checkbox"/> Small Coed Cheer	6	5 or more members	1-4 males	_____
<input type="checkbox"/> Coed Cheer Division IA	6	5 or more members	5 or more males	_____
<input type="checkbox"/> Coed Cheer Division I	6	5 or more members	5 or more males	_____
<input type="checkbox"/> Coed Cheer Division II	6	5 or more members	5 or more males	_____
<input type="checkbox"/> Coed Cheer Junior College	6	5 or more members	5 or more males	_____

College Dance Divisions	Members	Males	Number on Team
<input type="checkbox"/> Division IA	5 or more members	Males Allowed	_____
<input type="checkbox"/> Division I	5 or more members	Males Allowed	_____
<input type="checkbox"/> Division II / Jr College	5 or more members	Males Allowed	_____

Dance Divisions

Jazz: Combination of dance movements with an emphasis on technical execution and use of formation changes. Hand held props are allowed in this category.

Pom: Emphasis on uniformity and utilization of strong pom motions for strong visual effect. 75% of the routine must be executed with poms. No props (except for poms) allowed.

Hip Hop: Creative use of the latest street-style moves with an emphasis on uniformity. No props allowed. Tumbling is permitted.

2007 Arnold Championships Individual Registration

Team Name

Entry Fees: \$75.00
 \$65.00 prior to 12/30/06
 Entry fees are per person.

Please print the name and the grade for each competitor. Return this form with the group registration form.

Divisions
SR=Senior
 10-12th grade

Individual Cheerleader – Tumbling / Level 5 USASF Tumbling Guidelines

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI TY GRADE _____

JR=Junior
 7-9th grade

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI TY GRADE _____

YT=Youth
 5-6th grade

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI TY GRADE _____

MI=Mini
 4th grade & below

TY=TINY
 2nd grade & below

Individual Spirit Leader Non-Tumbling / Entry Fees: \$75.00 per person – \$65.00 prior to 12/30/06

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI TY GRADE _____

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI TY GRADE _____

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI TY GRADE _____

Get specific rules & routine limits on line at www.us-spirit.com

Individual Dancer Divisions / Entry Fees: \$75.00 per person – \$65.00 prior to 12/30/06

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI GRADE _____

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI GRADE _____

Competitor _____ Amount \$ _____
 DIVISION SR JR YT MI GRADE _____

Duo/Trio Cheer Divisions / Entry Fees: \$75.00 per person – \$65.00 prior to 12/30/06

DIVISION SR JR YT Amount \$ _____
Competitor 1. _____ GRADE _____
Competitor 2. _____ GRADE _____
Competitor 3. _____ GRADE _____

DIVISION SR JR YT Amount \$ _____
Competitor 1. _____ GRADE _____
Competitor 2. _____ GRADE _____
Competitor 3. _____ GRADE _____

Individual Amount Enclosed \$ _____

2007 Arnold Championships Stunt Team Registration

Team Name

Entry Fees \$250.00
\$200.00 prior to 12/30/06
Entry Fees are per team.

Please print the **first** names of the individual competitors on each stunt team, and the amount enclosed for each competitor. Return this form with the group registration form.

All **Stunt Teams** will limited to **Level 5 USASF** Stunt Guidelines.

Stunt Team Divisions

Open = (OP)
12th grade & above

Senior = (SR)
12th grade & below

Junior = (JR)
9th grade & below

Youth = (YTH)
6th grade & below

Team #1 Division OP SR JR YTH

First Names
1. _____
2. _____
3. _____
4. _____
5. _____

Amount: \$ _____

Team #2 Division OP SR JR YTH

First Names
1. _____
2. _____
3. _____
4. _____
5. _____

Amount: \$ _____

Team #3 Division OP SR JR YTH

First Names
1. _____
2. _____
3. _____
4. _____
5. _____

Amount: \$ _____

Team #4 Division OP SR JR YTH

First Names
1. _____
2. _____
3. _____
4. _____
5. _____

Amount: \$ _____

Total Enclosed \$ _____

2007 Arnold Championships Release, Waiver & Agreement for Appearance

NOTE: Every competitor must complete a release form and bring it the day of the event

Team: _____

Participant _____

As utilized below, the term "Arnold Cheer & Dance Championships" shall be defined as Arnold Sports Festival, Arnold Classic, Arnold Weekend, Arnold EXPO, any of its/their related, affiliated or subsidiary companies and officers, directors, employees, agents and assigns of each of the foregoing, and the term 'US Spirit' shall be defined as US Spirit Corp., or its officers, directors, employees, agents and assigns.

Either for myself or I/we, the below signed parent(s)/legal guardian(s) of the individual participant listed below, (hereinafter "minor"), hereby agree to assume full responsibility for the payment of all debts incurred by myself or the minor during my/his/her visit to Arnold Sports Festival and to reimburse the event for any damages suffered by US Spirit and Arnold Sports Festival due to acts of the minor during that visit.

I/we hereby waive for myself/ourselves and on behalf of the minor any claims or causes of action for death, personal injury, property damage or otherwise (whether or not resulting from the negligence of US Spirit) which he/she or I/we may now have or hereafter have against US Spirit arising out of the minor's visit to the Event or his/her participation in the cheerleading /dance activities on March 2-4, 2007 (the "Event"), including, without limitation, all claims or causes of action for death, personal injury, property damage or otherwise resulting from the risks inherent in cheerleading / dance, including, without limitation, falls.

I/we further agree to defend, indemnify and hold US Spirit, harmless from and against all claims, judgements, losses, liabilities, costs and expenses (including, without limitation, attorneys' fees and costs) asserted against Arnold Sports Festival and/or US Spirit, by such minor or any other party or suffered by Arnold Sports Festival and/or US Spirit, arising out of death, personal injury, property damage or otherwise suffered by the minor during the minor's visit to the Arnold Sports Festival and/or from cheerleading/dance activities in which the minor participates during his/her visit including without limitation, death, personal injury, property damage or other loss resulting from the negligence of Arnold Sports Festival or US Spirit.

I/we authorize Arnold Sports Festival and/or US Spirit to procure, at my/our expense, any medical care reasonably required by the minor during his/her visit at hospitals or facilities chosen by the Arnold Sports Festival Medical Staff and/or US Spirit.

I/we acknowledge that Arnold Sports Festival and/or US Spirit is not responsible for supervising the minor.

I/we hereby grant Arnold Sports Festival and/or US Spirit the right to photograph and/or video tape myself or my minor and further utilize the my or the minor's name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising and promoting materials without reservation or limitation. In granting this license, I/we understand that Arnold Sports Festival nor US Spirit is under no obligation to exercise any of its rights, licenses and privileges herein granted by myself/minor.

Further, I represent that any medication to which the minor is allergic or is currently taking is listed below and will ensure that minor brings such medication with him/her to the Arnold Sports Festival and that participant is responsible for consuming the prescribed dosage.

Medications (if any): _____

In case of emergency please contact: _____ at (_____) _____
(Print Name) (Phone)

Participants Date of Birth: _____ / _____ / _____ Participants Current Grade: _____

Participants Home Address: _____

City, State, Zip _____

Participant Home Phone: (_____) _____

Cancellation Policy:

A full refund will be made for written cancellations received by US Spirit at least 31 days prior to the date of the competition. Participants who cancel after that date for any reason, including medical or family reasons, are subject to the following per person cancellation fees.
Before January 30: Full Refund, February 1-9: 50% Refund, After February 9: No Refund

<i>If Signing for Minor</i>	<i>Participant should sign here if 18 years of age or older</i>
_____	_____
Print Participants Name	Print Name
_____	_____
Parent/Legal Guardian Signature	Signature