



# 2019 US Spirit Registration Forms

## March 1-3, 2019

### Arnold Sports Festival / Columbus OH

The Arnold Sports Festival, the largest multi-sport festival in the nation with more than 22,000 athletes competing in more than 80 sports and events, offers a variety of ticket options for fans of the the Arnold Sports Festival weekend.



# 2019 US Spirit at the Arnold Sports Festival

## General Information

### 2019 Event Location / Ohio EXPO Center Cardinal Hall

#### Awards Overview

The following is subject to change.

##### Rings

Unless otherwise indicated, **ALL** divisions are eligible to win Rings. **NO MINIMUM SCORE** is required. *Note: Not eligible for Rings include, but are not limited to; College, Level 6, Adult Teams, Exhibition Teams, Tiny and Special Needs divisions.*

##### National Champions

Winning national champion teams receive a trophy, a **National Champion Banner**, individual **Champion Medals** for each team member and coach, and **Rings** for most winning teams.

##### Grand Champions

A Grand Champion banner will be presented to the top scoring teams in all star levels, and to the overall school and dance team champion. The number of Grand Champions are based on actual entries and could include additional levels or categories.

##### THE ONE Cheer & Dance Finals Championships Bids – [www.theonefinals.com](http://www.theonefinals.com)

US Spirit will award bids to all eligible divisions at nationals! THE ONE Championship will be the first to allow teams of all levels and sizes the opportunity to compete at an elite level. The championship is a exciting season ending championship event for All Star, School, Rec, Prep Cheer & Dance Teams. The top three teams in each division receive bids.

##### College Scholarship

The top Individual competitor from our Friday Individual championship (as selected by the panel of judges) receives a **\$2,500.00 College Scholarship** from the Columbus Rotary and the Arnold Sports Festival.

#### Deadlines & Dates

Registration Deadline: February 15, 2019

Release Forms: Due at Registration

Competition Dates: March 1-3, 2019

#### Registration Discount Deadlines

- Save \$15.00 per competitor when you register by November 30th and send a \$100.00 per team deposit. Balance due Feb 15th
- Save \$5.00 per athlete when you register by December 30th. Full payment due Feb 15th.
- Save \$10.00 per athlete when you register and send \$100.00 per team by December 30th. Balance due Feb 15th.

#### Hotel Accommodations

Please check [www.arnoldfitnessexpo.com](http://www.arnoldfitnessexpo.com) for hotel information, locations, rates and more. If you need assistance, please call us!

#### Spectator Tickets / Daily EXPO Ticket\*

The most popular ticket to the Arnold Sports Festival is the Daily EXPO Ticket, which cost \$20 in advance and \$25 at the door. Daily EXPO Tickets are \$20 in advance or "3 For \$50" online at [www.ticketmaster.com/arnold](http://www.ticketmaster.com/arnold) through Thursday, February 28, 2019.

**\*The Daily EXPO Ticket offers admission to the Arnold Fitness EXPO and most other sports and events at the Greater Columbus Convention Center and all events at the Ohio Expo Center.** The Arnold Sports Festival, the largest multi-sport festival in the nation with more than 22,000 athletes competing in more than 80 sports and events, offers a variety of ticket options for fans of the the Arnold Sports Festival weekend. <https://www.arnoldsportsfestival.com/tickets/>

#### Additional Information

If you need additional assistance or have questions, please contact us.

**Website:** [www.us-spirit.com](http://www.us-spirit.com)

**Phone:** 614-776-4556

**E-mail:** [usspiritvents@aol.com](mailto:usspiritvents@aol.com)

## 2019 US Spirit Registration / Championship Information

### Registration Information

Please complete all **applicable forms** for your entry and return them with registration fees to US Spirit at the address below.

Payable to: US Spirit

**Return to: US Spirit Nationals  
PO Box 2220  
Westerville, OH 43086**

### Additional Information

If you need additional assistance or have questions, please contact us.

**Forms:** [www.us-spirit.com](http://www.us-spirit.com)

**Phone:** 614-776-4556

**Fax:** 614-776-4996

**E-mail:** [usspiritvents@aol.com](mailto:usspiritvents@aol.com)

### Updated Competition Information & Changes

Information contained here, in print or on the web site is subject to change or revision at any time.

### Correspondence

Upon receipt of registration, the contact person will be sent confirmation. Approximately one week prior to the event, they will receive specific competition information via e-mail. Performance order will be posted on-line a few days prior to the competition.

### On Time Registration Due Date

Entry fees are due with registration by **February 15, 2019 to avoid late fees**. It is **recommended the person responsible for the registration confirm receipt of materials with US Spirit**.

### Payment

Check, Amex, Visa, or Mastercard. Make checks payable to **"US Spirit"**. **Cashiers check or credit card will be the only form of payment accepted after February 15th**. Please note that all credit card payments are subject to a 3% processing charge.

### Registration Acceptance & Late Registration

Registration is accepted on a space available basis only. If the event fills to capacity prior to the listed deadlines, registration will not be accepted. Incomplete registration materials will not be processed and will result in teams not being registered. If space is available, late registration will be accepted after the designated deadlines by sending in the total amount due. If registering late, full payment must be submitted in the form of a **cashiers check or credit card**. The standard cancellation policy will apply to all late registrations. While every effort will be made to forward information prior to the event, US Spirit is not responsible for missed communication or misunderstanding due to late registration.

### Division Changes

**NO division changes are permitted after coaches receive a preliminary schedule**. If you have entered an incorrect division, or your squad has changed a level, you may email changes to [usspiritvents@aol.com](mailto:usspiritvents@aol.com). The sender is responsible for making sure the change request was received. **Division changes can not be accepted via phone**. US Spirit reserves the right to add, change or delete divisions as well as move to teams to the appropriate divisions or based on USASF All Star guidelines. No guarantee is made that teams will have other teams to compete against in any particular division. In the case of one-team divisions, you will be contacted and options discussed such as; combining divisions, changing levels, etc. Any changes remain the exclusive right of US Spirit and may be made at any time and at the discretion of the tournament director without a teams prior knowledge.

### Registration & Check-in Times

Coaches or team contacts as designated on the registration form are required to pickup wrist bands, schedules, and additional information at Competition venue during the following times: *Subject to change*

Friday, March 1	1:00 PM to 4:00 PM
Saturday, March 2	8:00 AM to 12:00 PM
Sunday, March 3	8:00 AM to 12:00 PM

### Competitor Release Forms

Every competitor must have a Release Form. The form must be signed by the appropriate parent or legal guardian. **ALL forms must turned in at the US Spirit Registration Table PRIOR to receiving wrist bands. US Spirit will NOT release individual wrist bands.**

### Cancellation Policy:

The following applies to cancellations: A full refund will be made for written cancellations received by US Spirit at least 31 days prior to the date of the competition. Cancellations after that date for any reason, including medical or family reasons, weather, hotel cancellations or any other reason are subject to the following per person cancellation fees.

**Before January 30: Full Refund / February 1-13: 50% Refund / After February 14: No Refund**

**Cancellations must be faxed or emailed** Fax:614-776-4996. US Spirit is not responsible for faxes not received. Sender must call to confirm receipt of the fax or get an email confirmation if the cancellation is emailed. All cancellations must be received during business hours 8:30 a.m. to 5:30 p.m. EST. Cancellations received after 5:00 pm EST will be dated the following business day.

## 2019 US Spirit at the Arnold / Entry Fees

### Entry Fees

Entry fees include competition fees, a weekend wristband good for admission to most Sport Festival events.  
**ALL Fees are PER ATHLETE.**

### School & Rec Teams

- \$79 - High School, Middle School, Junior High Cheerleaders
- \$79 - Rec League Cheerleaders

### All Star Cheer

- \$79 - All Star Elite Division Athletes
  - \$79 - All Star Prep Division Athletes
  - \$25 - Tiny Novice All Star Athletes
  - \$35 - Level 6 / Open Competitors
- FREE** if 3 or more paid teams\* from the same gym/program are competing. (\*does not include stunt teams)

### Dance Teams

- \$79 - All Star, School, Studio Dancers

### Exceptional Athletes / Special Needs

FREE

### Mascot Championship

FREE for 2019

### Crossover Fee

A crossover is a competitor which competes on more than one squad for the same program.  
 \$25 - per athlete / per each additional team

### Coach Fee

- FREE - Two (2) coaches per TEAM DIVISION ENTRY\*
- FREE - One (1) coach **per Individual** (If **NO** Team is Registered)
- Additional Coaches: **\$40.00** each

*\*NOTE: A team consists of 5 members or more and competes in a team division. Stunt teams are not considered teams since they compete in the Individual portion of the competition.*

### Individual Cheerleader, Dancer, Stunt Team, Duos, Ensemble Entry Fees

(Individual champions must score 75% of total score available to win jackets)

#### Discounts for Early Registration (Individual Divisions)

#### **BY DECEMBER 30TH SAVE \$10.00 PER ATHLETE**

Save \$10.00 per athlete when you register by December 31st. Final Payment due by **1/30/19** to earn the discount.

- Individual Cheerleader (WITH TUMBLING): **\$75.00 per Athlete**
- Individual Spirit Leader (NON-TUMBLING): **\$75.00 per Athlete**
- Duo Cheerleaders: **\$75.00 per Athlete**
- Individual Dancer: **\$75.00 per Athlete**
- Duo / Ensemble Dancers: **\$75.00 per Athlete**
- 4-5 Person Stunt Team: **\$250.00 per stunt team**
- Partner Stunt Couple: **\$75.00 each Athlete / \$150.00 per couple**

# 2019 US Spirit / Team Registration & Contact Information

Please **Print** and Complete ALL Sections. Additional information will be sent via e-mail to the person listed below.

## Team Information *Please Print and Complete ALL Sections.*

School/Gym/Studio Name		
School/Gym/Studio Address		
City	State	Zip
Gym/School or Organization Phone		

## Owner/Head Coach Information

Owner/Head Coach Name
Cell Phone

## Person To Receive Information

*Check one*    **Owner**    **Head Coach**    **Team Contact**

Name		
Address		
City	State	Zip
Cell Phone		
E-mail		

### MUSIC COPYRIGHT AND USE UNDERSTANDING

Indicates your understanding that all music used in conjunction with your program, team, individual routine(s) has met any licensing agreement with the label or artist for use. For more info: <http://usacheer.net/presssafety/music>

### SCHOOL TEAMS ONLY:

Checking the box indicates your team is permitted to compete on a Spring Floor.

### HOTEL INFO (Please complete the information which applies to your group)

We booked rooms at the following hotel: \_\_\_\_\_

Our teams is commuting from home each day and will NOT stay in a hotel.

### END OF SEASON BID QUESTIONNAIRE

Does your program attend end-of-season competitions? (The One, Summit, US Finals, Worlds, etc.)    YES    NO

Would you accept a bid to THE ONE?    YES    NO    DEPENDS ON BID

What Level of Bid would you accept?    GOLD    SILVER    BRONZE

# 2019 US Spirit Division Entry & Payment Form

Team
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Team Registration				
Team Name as it should appear in performance order	Athletes on Floor		Division and (Level if applicable)	Crossovers
	Female	Male		
<i>(Example) ABC All Stars Diamonds</i>	20	0	Small Senior All Girl Level 5	
Team				
Team				
Team				
Team				
Team				
Team				
Team				
Team				
Team				
Team				
Team				
Team				
Team				

Competitor Fees						
# of Athlete Wrist Bands	Entry Type		On-Time Fee	Other (Early or Discounted Fee)	= Total	Total Fee
_____	Total <b>School</b> Cheerleaders	X	\$79	\$_____	= Total	\$_____
_____	Total <b>Rec League</b> Cheerleaders	X	\$79	\$_____	= Total	\$_____
_____	Total <b>L1-L5 Elite All Star</b> Athletes	X	\$79	\$_____	= Total	\$_____
_____	Total <b>Tiny Novice</b> Athletes	X	\$25	\$_____	= Total	\$_____
_____	Total All Star <b>Prep</b> Athletes	X	\$79	\$_____	= Total	\$_____
_____	Total <b>Level 6</b> Athletes	X	\$35	\$_____	= Total	\$_____
_____	Total Dancers	X	\$79	\$_____	= Total	\$_____
_____	Mascot Championship		FREE	\$_____	= Total	\$_____
_____	Total <b>Exceptional</b> Athletes		FREE		= Total	\$_____
_____	<b>Level 5 Showcase Athletes</b>			INVITE ONLY		
_____ Total <b>INDIVIDUAL</b> Athletes <b>NOT</b> included in a team number above ( <i>Athletes competing Individual ONLY</i> )						
<i># of Crossover Competitors Crossover fees apply to athletes competing on a 2nd or 3rd team who have already paid the full registration fee.</i>						
_____	Total <b>Crossover</b> Athletes	X	\$25	\$_____	= Total	\$_____
_____	<b>Additional Coach Passes</b>	X	\$40	N/A	= Total	\$_____
<b>TOTAL FEES: \$</b>						_____

## 2019 US Spirit Individual & Stunt Team Entry & Payment Form

Team:
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<b>Individual / Stunt Team / Duo Registration</b>				
Name as it should appear in performance order	Female	Male	Age	Division
Individual Name <i>Example -- Brittany Smith</i>	1		17	Senior Individual Cheerleader / (NT) Non Tumbling
Individual				
Individual				
Individual				
Individual				
Individual				
Individual				
Individual				
Individual				
Individual				
Dance Duo/Ensemble				
Dance Duo/Ensemble				
Cheer Duo				
Cheer Duo				
Cheer Duo				
Stunt Team				
Stunt Team				

### Individual / Stunt Team Entry Fees *(Fees are per athlete unless otherwise noted)*

# of Competitors / Division		Register Early by 12/31/2018	On-Time by 2/15/2019	
_____ # of <b>Individual</b> Cheerleaders	X	\$65	\$75	Total \$ _____
_____ # of <b>Individual</b> Dancers	X	\$65	\$75	Total \$ _____
_____ # of <b>Stunt Teams</b>	X	\$200 (team)	\$250 (team)	Total \$ _____
_____ # of <b>Coed Partner</b> Athletes	X	\$65	\$75	Total \$ _____
_____ # <b>Cheer Duo</b> Athletes	X	\$65	\$75	Total \$ _____
_____ # <b>Dance Ensemble</b> Athletes	X	\$65	\$75	Total \$ _____
Circle the appropriate fee (early or on time). Individual and stunt team fees apply to athletes competing in the individual or stunt team competition only or in addition to their team entry.				TOTAL \$ _____

# 2019 US Spirit at Arnold / Collegiate Cheer & Dance Divisions

Team: \_\_\_\_\_

**Registration Information**

Check the appropriate division(s) which your team is entering and the number on each team.

Cheer Routines may not exceed (2:30) two minutes and 30 seconds.

Dance Routines are all music and may not exceed (2:15) two minutes and 15 seconds.

**College Cheerleading & Dance Team Entry Fees**

(These divisions are not eligible to win jackets)

Teams of 5-11 members **\$200.00** per team

Teams of 12-17 members **\$300.00** per team

Teams of 18 or members **\$400.00** per team

2 coaches per team are **FREE**

Collegiate Teams are invited to exhibition for Free (No Fee)

**College Cheer Divisions**

2018-2019 AACCA College Cheerleading Safety Rules. For Rules and Regulations, please visit [www.aacca.org](http://www.aacca.org)

	<b>Members</b>		<b>Athletes</b>	<b>Total</b>
<input type="checkbox"/> Advanced All Girl College	Female only	5 - 30 members	_____	\$ _____
<input type="checkbox"/> Advanced Small Coed College	Female / 1-4 Males	5 - 30 members	_____	\$ _____
<input type="checkbox"/> Advanced Large Coed College	Female / 5 or more Males	5 - 30 members	_____	\$ _____
<input type="checkbox"/> Intermediate College	Female / Male	5 - 30 members	_____	\$ _____

**College Dance Divisions**

US Spirit follows USASF DANCE. For rules and regulations, visit [www.usasf.net](http://www.usasf.net).

	<b>Members</b>	<b>Males</b>	<b>Number on Team</b>	<b>Total</b>
<input type="checkbox"/> College Jazz	5 or more members	Males Allowed	_____	\$ _____
<input type="checkbox"/> College Pom	5 or more members	Males Allowed	_____	\$ _____
<input type="checkbox"/> College Hip Hop	5 or more members	Males Allowed	_____	\$ _____

**DANCE CATEGORIES**

**JAZZ**

A jazz routine incorporates stylized dance movements and combinations, formation changes, group work, leaps and turns. Emphasis is placed on proper technical execution, extension, control, body placement and team uniformity.

**POM**

Poms must be used 80% of the routine. Important characteristics of a pom routine include synchronization and visual effect, clean and precise motions, strong pom technique, and incorporate dance technical elements. Visual effect includes level changes, group work, formation changes, etc.

**HIP HOP**

Routines emphasize the street style movements with an emphasis on execution, style, creativity, body isolations and control, rhythm, uniformity and musical interpretation. Teams may also put an additional focus on athletic incorporations such as jumps, jump variations, combo jumps and other tricks.

**Total for College Entries \$ \_\_\_\_\_**

Place total on Page 6



# 2019 US Spirit at Arnold / Coach Roster (Please Print)

Team:
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Coach	COACH NAME	Team	TEAM COACHED
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
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Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	
Coach		Team	

# Credit Card Authorization Form

Team: \_\_\_\_\_

## Card Holder Information / Billing Address

All credit card payments must include the complete billing address and zip code.

Cardholder Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

## Card Information

Credit Card Type  Visa  Mastercard  American Express

Card Number \_\_\_\_\_

Card Expiration Date \_\_\_\_\_ CID (Security Number) \_\_\_\_\_

Amount To Be Charged \$ \_\_\_\_\_

I approve the amount above be charged to the credit card number above. I also agree to have a 3% fee added to the total charge.

**Card Holder Signature**    x \_\_\_\_\_

*Duplicate the Form as Necessary*

Office Use Only

Date Rcvd: \_\_\_\_\_

Amount: \_\_\_\_\_

Note: \_\_\_\_\_

## 2019 Championship Release, Waiver & Agreement for Appearance

**Every competitor must complete a release form and have coach turn it in at the competition registration table**

Team: \_\_\_\_\_ Participant \_\_\_\_\_

As utilized below, the term "Arnold Cheer & Dance Championships" shall be defined as Arnold Sports Festival, Arnold Classic, Arnold Weekend, Arnold EXPO, US Spirit Championships, any of its/their related, affiliated or subsidiary companies and officers, directors, employees, agents and assigns of each of the foregoing, and the term 'US Spirit' shall be defined as US Spirit Corp., or its officers, directors, employees, agents and assigns.

Either for myself or I/we, the below signed parent(s)/legal guardian(s) of the individual participant listed below, (hereinafter "minor"), hereby agree to assume full responsibility for the payment of all debts incurred by myself or the minor during my/his/her visit to Arnold Sports Festival and to reimburse the event for any damages suffered by US Spirit and Arnold Sports Festival due to acts of the minor during that visit.

I/we hereby waive for myself/ourselves and on behalf of the minor any claims or causes of action for death, personal injury, property damage or otherwise (whether or not resulting from the negligence of US Spirit) which he/she or I/we may now have or hereafter have against US Spirit arising out of the minor's visit to the Event or his/her participation in the cheerleading /dance activities at (the "Event"), including, without limitation, all claims or causes of action for death, personal injury, property damage or otherwise resulting from the risks inherent in cheerleading / dance, including, without limitation, falls.

I/we further agree to defend, indemnify and hold US Spirit, harmless from and against all claims, judgements, losses, liabilities, costs and expenses (including, without limitation, attorneys' fees and costs) asserted against Arnold Sports Festival and/or US Spirit, by such minor or any other party or suffered by Arnold Sports Festival and/or US Spirit, arising out of death, personal injury, property damage or otherwise suffered by the minor during the minor's visit to the Arnold Sports Festival and/or from cheerleading/dance activities in which the minor participates during his/her visit including without limitation, death, personal injury, property damage or other loss resulting from the negligence of Arnold Sports Festival or US Spirit.

I/we authorize Arnold Sports Festival and/or US Spirit to procure, at my/our expense, any medical care reasonably required by the minor during his/her visit at hospitals or facilities chosen by the Arnold Sports Festival Medical Staff and/or US Spirit.

I/we acknowledge that Arnold Sports Festival and/or US Spirit is not responsible for supervising the minor.

I/we hereby grant Arnold Sports Festival and/or US Spirit the right to photograph and/or video tape myself or my minor and further utilize the my or the minor's name, face, likeness, voice and appearance in connection with exhibitions, publicity, advertising and promoting materials without reservation or limitation. In granting this license, I/we understand that Arnold Sports Festival nor US Spirit is under no obligation to exercise any of its rights, licenses and privileges herein granted by myself/minor.

Further, I represent that any medication to which the minor is allergic or is currently taking is listed below and will ensure that minor brings such medication with him/her to the Arnold Sports Festival and that participant is responsible for consuming the prescribed dosage.

Medications (if any): \_\_\_\_\_

**In case of emergency please contact:** \_\_\_\_\_ at ( \_\_\_\_\_ ) \_\_\_\_\_  
(Print Name) (Phone)

Participants Date of Birth: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Participants Current Grade: \_\_\_\_\_

Participants Home Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Participant Home Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

**Cancellation Policy:**

**A full refund will be made for written cancellations received by US Spirit at least 31 days prior to the date of the competition. Participants who cancel after that date for any reason, including medical or family reasons, are subject to the following per person cancellation fees. Before January 30—Full Refund | February 1-13—50% Refund | After February 14—No Refund**

<i>If Signing for Minor, Parent of Legal Guardian Signature</i>	<i>Participant should sign here if 18 years of age or older</i>
_____ <small>Print Participants Name</small>	_____ <small>Print Name</small>
_____ <small>Parent/Legal Guardian Signature</small>	_____ <small>Signature</small>