

2014-15 Rec Cheer Divisions

Name	Grade Level	Gender	Members
Level 4			
Senior Rec	18 years & younger	female/male	5-36 members
Junior Rec	14 years & younger	female/male	5-36 members
Level 3			
Senior Rec	18 years & younger	female/male	5-36 members
Junior Rec	14 years & younger	female/male	5-36 members
Youth Rec	12 years & younger	female/male	5-36 members
Level 2			
Senior Rec	18 years & younger	female/male	5-36 members
Junior Rec	14 years & younger	female/male	5-36 members
Youth Rec	12 years & younger	female/male	5-36 members
Pee Wee Rec	10 years & younger	female/male	5-36 members
Mini Rec	8 years & younger	female/male	5-36 members
Level 1			
Senior Rec	18 years & younger	female/male	5-36 members
Junior Rec	14 years & younger	female/male	5-36 members
Youth Rec	12 years & younger	female/male	5-36 members
Pee Wee Rec	10 years & younger	female/male	5-36 members
Mini Rec	8 years & younger	female/male	5-36 members
Tiny Rec	6 years & younger	female/male	5-36 members
Special Divisions			
Exhibition	All ages / All levels	female/male	5-36 members
Parent Team Exhibition	18 years & older / All levels	female/male	5-36 members
<p>The age of the competitor as of August 31, 2014 will be the age used for competition purposes throughout the 2013-2014 season for all divisions.</p> <p>US Spirit reserves the right to combine or open divisions at any time leading up to each event.</p> <p>Rec Cheer Teams can:</p> <ul style="list-style-type: none"> - Have their own practice facility or gym. - Hold practice and/or attend tumbling classes at gymnastics or all star cheer facilities. - Represent their individual recreational team or their entire program. - Combine team members from all teams within a recreational program if the program allows them to do so. - May have team members who also participate on school or all-star teams. <p>Rec Cheer Teams who do not cheer for a sport, unless they have submitted their waiver, or are affiliated with All-Star programs or Schools, even if it is a half-year or introductory team, will need to register in the All-Star Prep Cheer (must have USASF membership) or School division that best suits their ability level. They are NOT considered Rec Cheer teams and cannot register in the Rec Cheer Divisions listed above.</p> <p>US Spirit recognizes that Rec Cheerleading does not have an official governing body to refer to, and that Rec Cheer Teams may have different guidelines to follow within their individual organizations. Please adhere to the guidelines set forth by your organization, and select the division that best fits both the age and abilities of the athletes on the team so that your team will be given the best opportunity for success at US Spirit.</p> <p>In order to compete in a Rec Cheer Division, your team must fall into the definition of Rec Cheerleading (see Division Guidelines for detailed definition) as defined as any form of competitive cheerleading that does not represent a School or an All-Star program. 50% of the team should cheer for a sport and can be affiliated with (but are not limited to) Pop Warner Associations, Youth Cheer Associations, City/County Parks and Recreation Departments, YMCAs, Boys and Girls Clubs, or any other community program that is not School or All-Star related.</p>			

2014-15 All Star Divisions

The maximum size for a team is 32 competitors on the floor for the 2014-2015 season, except for Levels 5 & 6 as noted above.

The age of the competitor as of August 31, 2014 will be the age used for competition purposes throughout the 2014-2015 season for all divisions. *For all International Divisions (5 and 6), the eligible age for the athletes will be determined by the "calendar year of the competition" (Dec. 31 of the same year that the competition occurs) for its age cutoff date. Example: An athlete that is 13 but turns 14, within the same calendar year (on or before Dec 31) of the event, is eligible to compete in that event on an International Open 5 (all girl or co-ed).

US Spirit will follow all USASF guidelines regarding splitting/combining divisions.

US Spirit reserves the right to combine or open divisions at any time leading up to each event.

* The Senior Restricted Level 5 division is open to all female (0 males) or female/male (limit 1-4 males) teams with participants 10-18 years old and the team size limit of 5-36 members. See skill restrictions and "split guidelines" at www.usaf.net.

** The Youth Level 5 division is open to female/male teams with participants 11 years & younger and the team size limit of 5-36 members. See skill restrictions and "split guidelines" at www.usaf.net.

*** Special Needs teams are limited to Level 2 rules, in addition to no basket tosses permitted

For Junior Coed Level 5 and Senior Co-Ed Levels 3 and 4, if there is only ONE co-ed competing in a respective level, then that level must be combined into one Junior or Senior All-Girl division. If the teams were split into Small and Large, then the Co-Ed team must be placed with the teams closest to its size.

Crossovers between All-Star and All-Star Prep Divisions:

Athletes may NOT cross over between All-star and All-Star Prep divisions at the same event. Teams found in violation of this rule are subject to immediate disqualification from the All-Star Prep division they are registered in.